



spa menu





about



New Age Skin & Beauty is located at Maki-Saki Self Catering Boutique Spa, 4 Duinebessie Crescent, Yzerfontein



spa treatment menu

The spa facilities can only be utilised by day visitors when their total spend on treatments is greater than R500.

facilities

- Self-Catering Accommodation (sleeps 6)
- Two individual therapy rooms
- Indoor Jacuzzi
- Indoor Heated Pool
- Indoor Fireplace
- Boutique Gym
- Bathroom with shower facility
- Lockers
- New Age Skin & Beauty Spa Combos

Note: All spa facilities are unisex

hours of service

Monday – Thursday 09h00-16h00
Friday – Saturday 09h00-15h00

spa information

The Maki-Saki Boutique Spa is a small and intimate place to retreat, renew and rediscover yourself. Whether you are visiting for a single spa service - or a full day experience - we want your visit to be as relaxing and rewarding as possible.

reservation

We recommend scheduling treatments well in advance. We will gladly guide you in selecting the treatments or journeys that is right for you. Feel free to discuss any areas of concern or share your personal preferences. You are welcome to book your treatments via phone or email. Whilst accommodating our full-time guests in the accommodation facility, no other visitor will be allowed to use the spa facilities, other than bookings for individual treatments.

arrival

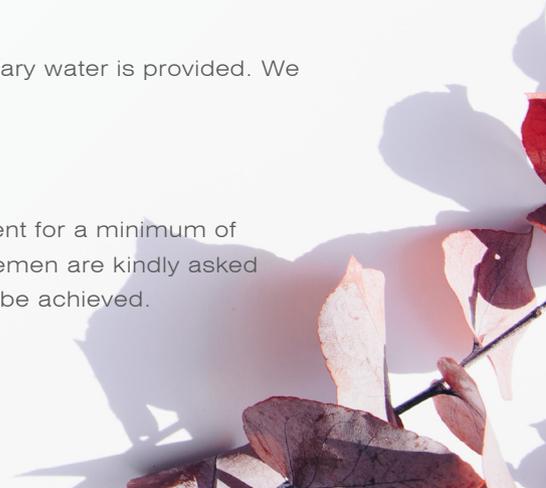
Please arrive at least 10 minutes prior to your treatment to complete your health assessment form and take time to relax in our relaxation area.

relaxation area

Enjoy our relaxation area to reflect, unwind and simply relax. Complimentary water is provided. We respectfully request Spa guests to keep noise levels to a minimum.

how to spa safely

We recommend that you do not sunbathe before or after any spa treatment for a minimum of twelve hours (especially body scrubs or aromatherapy treatments). Gentlemen are kindly asked to shave prior to all facial treatments to ensure that maximum results will be achieved.



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spa
information

spa clothing

We provide bathrobes and slippers for your personal use during your visit to our Spa. Our therapists will make sure that your privacy is respected at all times.

spa etiquette

Our Spa environment is one of relaxation. In light of this, we request that guests turn their mobile phones on silent or on flight mode.

private belongings

We recommend that you leave all valuable belongings at home or in your secure locker provided in the changing room. Kindly note that the facility cannot be held responsible for loss or damage of personal articles or misplaced items.

spa child policy

DAY VISITORS (NON RESIDENCE)

Regrettably, the Maki-Saki Boutique Spa does not accommodate children under 10 years of age. Children under 16 years of age will need to be accompanied by an adult, and may not make use of the Gym facilities.

16 Years and older will be considered an adult, and treatment prices will be charged as advertised in this information.

spa cancellation

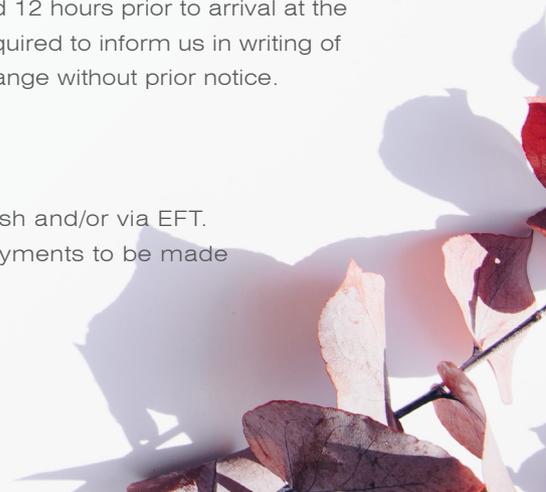
- 100% Cancellation charge of spa services when cancelled 24 hours prior to treatments booked
- 75% Cancellation charges of spa services when cancelled 48 hours prior to treatments booked

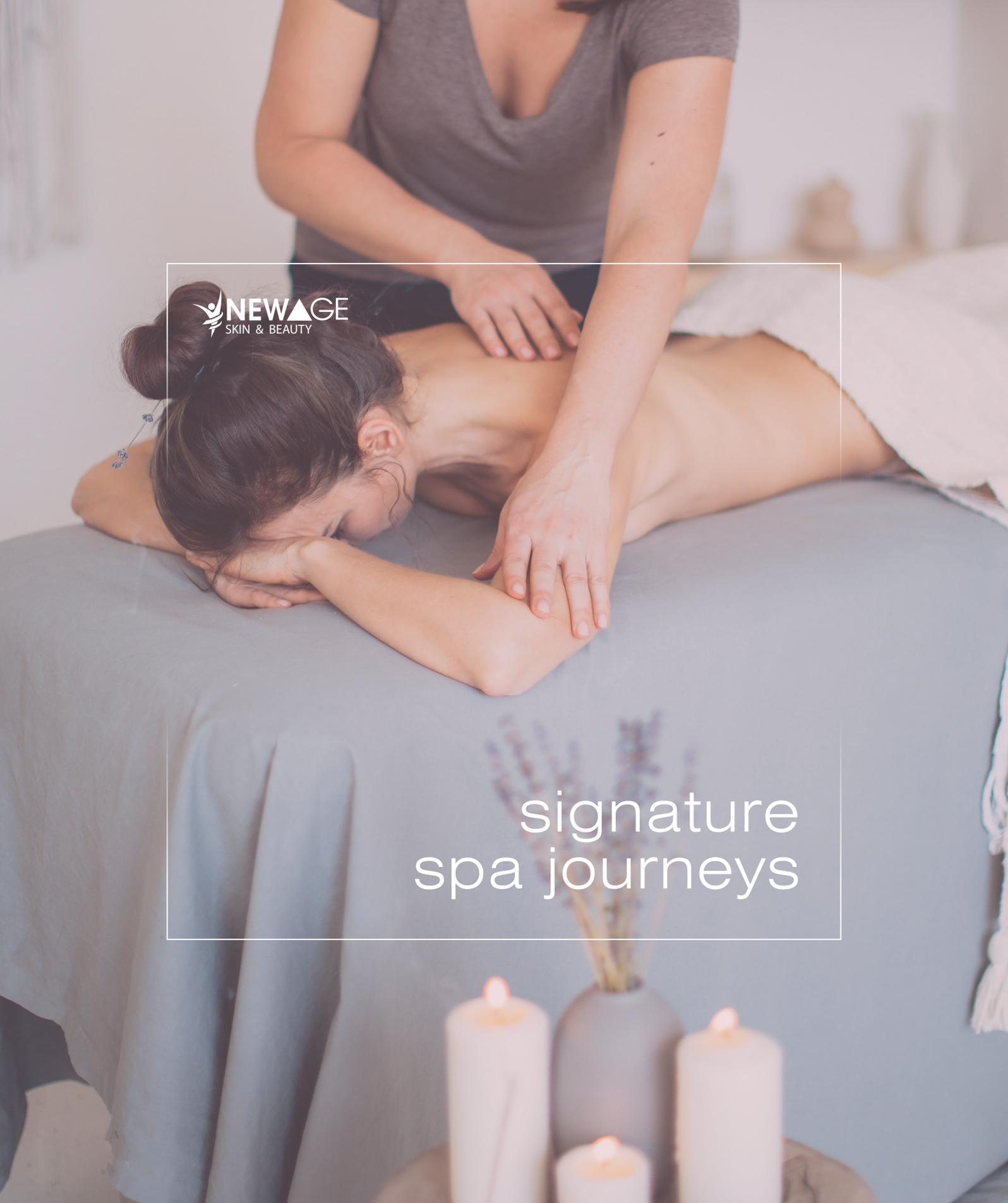
vitality meals / menu

Delicious meals are available from our Vitality Menu. Meals must be ordered 12 hours prior to arrival at the spa. The Vitality meals are provided by an external provider. You will be required to inform us in writing of your choice of meal. All prices, treatments and packages are subject to change without prior notice.

payments

We do not accept credit card facilities. Payments can only be done in cash and/or via EFT. Should EFT be made, an immediate internet transfer will be required. Payments to be made prior to commencement of treatments/meals etc.



A woman with her hair in a bun is lying face down on a massage table covered with a light blue sheet. A therapist in a grey shirt is performing a back massage. In the foreground, there are three lit white candles and a vase with lavender flowers. The scene is softly lit, creating a relaxing atmosphere.

 **NEWAGE**
SKIN & BEAUTY

signature
spa journeys

combo 1 new age revival

R950
120MIN

SKINcredible Total Correct Anti-Aging Facial

60MIN

This is one of our signature facials. This dynamic ritual is ideal for mature, photodamaged skin. This treatment makes use of the most potent ingredients in order to target all visible signs of aging, including those associated with the most advanced photodamage. This facial is suitable for the following skin types: Mature Skin with Advanced, Multiple Signs of Photoaging.

Full Body Massage

60MIN

Choose between one of the following:

- Swedish (Standard) F/B
- Sports/Deep Tissue F/B
- Hot Stone Massage F/B

OR Full Body Exfoliation & Body Vitamin Moisturise

60MIN

Regular exfoliation is SUPER important to rid the skin's surface of those dead skin cells and help prevent bacteria, sweat, and dirt from getting stuck underneath the skin's surface. Give your skin new life and a healthy glow with a body scrub for summer. We use sugar granules during the scrub to provide a gentle exfoliation. This is complimented with a rinse off and follow up with a moisturizing body lotion afterwards (*not a F/B massage).

combo 2 atlantic relax

R899
120MIN

Harmonizing Classic Balancing Facial

60MIN

This customised facial includes cleansing, welcome massage, exfoliation, face, neck and décolleté masque, eye treatment and moisturiser. This will hydrate, rebalance, restore and nourish the skin.

Full Body Aromatherapy Massage

60MIN

An aromatherapy massage includes all the benefits of a regular massage, (improved circulation, lymph drainage etc.) with the added benefit of a blend of essential oils tailored to your specific needs. The candle massage is extremely relaxing and will awaken your senses. The soothing aroma of the candle will take you on a journey of senses.



combo 3

ocean escape

R750
90MIN

Luxurious Atlantic Botanical Facial

60MIN

This facial is a superior treatment with light textured formulation with smoothing and firming properties. Contains marine collagen for anti-ageing. The main ingredient is Marine collagen (no bovine nor porcine collagen used) with super-refined vegetable oil base Glycerin.

Hotstone (Back, Neck & Shoulders)

30MIN

Hot stone massage is a type of massage therapy that involves the use of smooth, heated stones. The massage therapist places the hot stones on specific points on your body and may also hold the stones while giving the massage. The localized heat and weight of the stones warm and relax muscles, allowing the massage therapist to apply deeper pressure to those areas without causing discomfort.

combo 4

oasis pamper

R699
105MIN

Classic Glowing Milk & Honey Paraffin Facial

60MIN

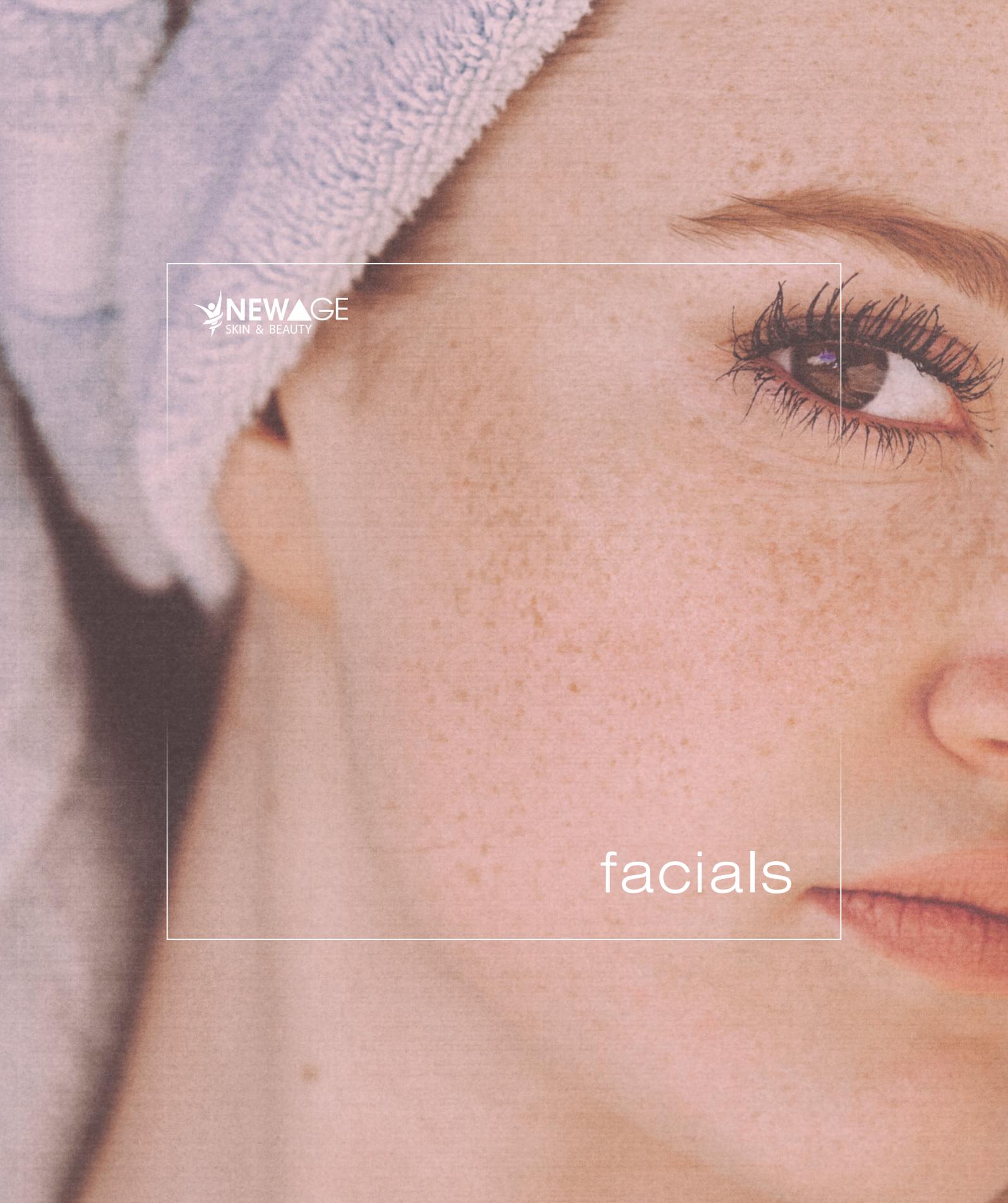
This customised facial includes cleansing, welcome massage, exfoliation, luxurious milk and honey paraffin face masque; eye treatment and moisturizer. The paraffin, enriched with milk peptides and Vitamin E, offers the ultimate in luxury. If you want glowing skin, milk and honey are a perfect combination to use. This treatment will hydrate, rebalance, restore and nourish the skin.

Back Scrub including Back, Neck & Shoulder Massage with Warm Candle Wax

45MIN

Regular exfoliation is SUPER important to rid the skin's surface of those dead skin cells to help prevent bacteria, sweat, and dirt from getting stuck underneath the skin's surface. We use sugar granules during the scrub to provide a gentle exfoliation. This treatment is complimented with a gentle relaxing Warm Candle Wax massage.





 **NEWAGE**
SKIN & BEAUTY

facials

signature professional facials

(*PEELS OPTIONAL)

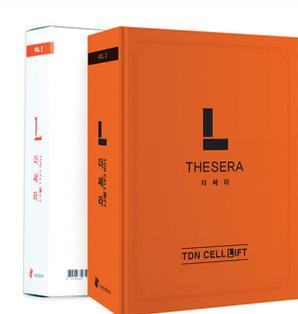
Our signature professional facials are offered with or without peels. Peels are therefore an additional option. Only professional products are being used whilst performing any signature professional facial. The professional facials, combined with chemical peels are highly effective treatments that exfoliate dull surface cells, reveal smoother, healthier and more radiant looking skin! Commonly powered by Alpha Hydroxy Acids (AHAs), Retinol or Salicylic Acid, chemical peels target a variety of skin concerns such as wrinkles, uneven skin tone, dullness and acne.



Exuviance[®]
PROFESSIONAL

Thesera L Needleless Threadlift Treatment	120MIN	R1800
Thesera L Needleless Threadlift Treatment (4 treatments)	120MIN	R1600 per treatment

The next generation of no-needle thread lift has gained massive popularity globally, and is now available in and across South-Africa! It is Safe lifting with natural threads and NOT with artificial PDO threads. No person can age without wrinkles. However, with THESERA L, the revolutionary, next generation of “Non-Surgical, Easy Lifting” is available right here at New Age Skin and Beauty in Yzerfontein. Thesera L lifting system uses a patented and groundbreaking TDN TECHNOLOGY (Transfer Double Nanosphere), leading the way in the future of advanced skincare. It is a revolutionary brand new technology that is clinically proven, completely safe and non-invasive. It is painless and with no downtime - an effective alternative to surgeries.



These are the benefits:

- Immediate facial lifting effect
- It targets the entire face, not just certain areas
- Immediate pore tightening effect
- Increase dermis density and skin elasticity after 4 weeks.
- Whitening and fairer skin
- Adds hydration, radiance and glow to your skin
- Boost elasticity

NB: No downtime, No Pain, Bruising or Swelling - an overall wonderful and relaxed treatment

REDCarpet ÜBER PEEL with Dermapen Microneedling 60MIN R1450

This treatment includes the revolutionary ÜBER Pro Peel that is exclusively designed to enhance microneedling procedures but also acts as an effective stand-alone peel. ÜBER Pro Peel with Dermapen microneedling is a combination of microneedling plus a chemical peel which resurfaces and brightens your complexion! Our Red Carpet ÜBER Pro & microneedling treatment with the Dermapen 4 will rejuvenate your skin and dramatically improve imperfections caused by ageing, sun, trauma, acne scars, stretchmarks, scarring. Your beautiful skin will help your personality flourish as your self-confidence skyrocket, making it a joy to interact with others and look in the mirror. This facial is suitable for all skin types.

SKINdulgence Revitalizing Hydration Facial 60MIN R560

This restorative ritual is ideal for dry, dull, devitalized skin, as well as any skin type in need of extra hydration. This is the ultimate treatment to moisture and target the skin's hydration matrix. Suitable for dry to normal skin.

Optional R100

- Beginners: Antioxidant Peel/Booster
- Intermediate: Antioxidant Peel/Booster + Revitalizing Peel
- Advanced: Antioxidant Peel/Booster + Revitalizing-Plus Peel

SKINcredible Total Correct Antiaging Facial 60MIN R550

This is ideal for mature, photodamaged skin. This treatment makes use of the most potent ingredients in order to target all visible signs of aging, including those associated with the most advanced photodamage. Suitable for mature skin with advanced multiple signs of photoaging.

Additional Peel/Boosters R100

- Beginners: Antioxidant Peel/Booster
- Intermediate: Antioxidant Peel/Booster + Revitalizing Peel
- Advanced: Antioxidant Peel/Booster + Revitalizing-Plus Peel

SKINbrighten Luminous Glow Facial 60MIN R550

This luminous ritual is ideal for skin with problem discoloration, uneven skin tone and dark spots. Designed with multi-tasking high-performance brightening agents and gentle exfoliators, this treatment will leave your skin glowing with a new-found luminosity. Suitable for skin prone to problem discoloration, uneven skin tone and dark spots.

Optional R100

- Clarifying Peel/Booster or
- Antioxidant Peel/Booster



SKINtegrity Balancing Facial 60MIN R520

This harmonizing ritual is ideal for skin prone to oiliness or breakouts regardless of age. By combining three powerful AHA exfoliants with antioxidants, anti-aging and firming agents, this treatment targets the restoration of balance and even tone to skin. Suitable for mature, photodamaged skin prone to oiliness or breakouts.

Optional R100

- Balancing Peel

SKINpress Express Facial 30MIN R350

This facial is great for people on-the-go or as an ad-on to other treatments. This facial does not include exfoliation or a mask.



Luxurious Atlantic Botanical Facial 60MIN R450

This is a superior treatment with light textured formulation with smoothing and firming properties. Contains marine collagen for anti-ageing. The main ingredient is Marine collagen (no bovine nor porcine collagen used) with super-refined vegetable oil base Glycerin.

Hydra Purifying Facial (Acne skin) 60MIN R420

This treatment is Designed to achieve results with problematic skin i.e acne, hyperpigmentation etc. The ingredients act as a keratolytic agent reducing the thickness of the stratum corneum through the process of weakening protein bonds between the individual skin cells. Removes dead skin cells making the skin softer and smoother.

Crisp Skin Facial (Pigmentation treatment) 60MIN R420

This treatment is Designed to achieve results with problematic skin i.e acne, hyperpigmentation etc. The ingredients act as a keratolytic agent reducing the thickness of the stratum corneum through the process of weakening protein bonds between the individual skin cells. Removes dead skin cells making the skin softer and smoother.

Classic Facial 45MIN R320

This customised facial includes cleansing, welcome massage, exfoliation, face, neck and décolleté masque, eye treatment and moisturizer. This will hydrate, rebalance, restore and nourish the skin.







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SKIN & BEAUTY

aesthetic
range

microneedling

Dermapen4 Treatments (Microneedling) (Face and Neck) 60MIN R1200

New Age Skin & Beauty is an Authorised Dermapen Treatment Provider and use the most advanced technology and professional Dermaceutical products when performing this treatment.

Microneedling provides excellent results in skin rejuvenation. Dermapen4 creates precise piercings into the epidermis, allowing an increased production of collagen and elastin, resurfacing, re-texturising and overall skin renewal anywhere on the body, from hard to reach areas such as around the eyes, eyelids, earlobes, neck, lips, nose or larger areas of neck and décolleté, stomach and legs.

Dermapen4 Treatments (Microneedling) (Face and Neck, Decollette) 60MIN R1400

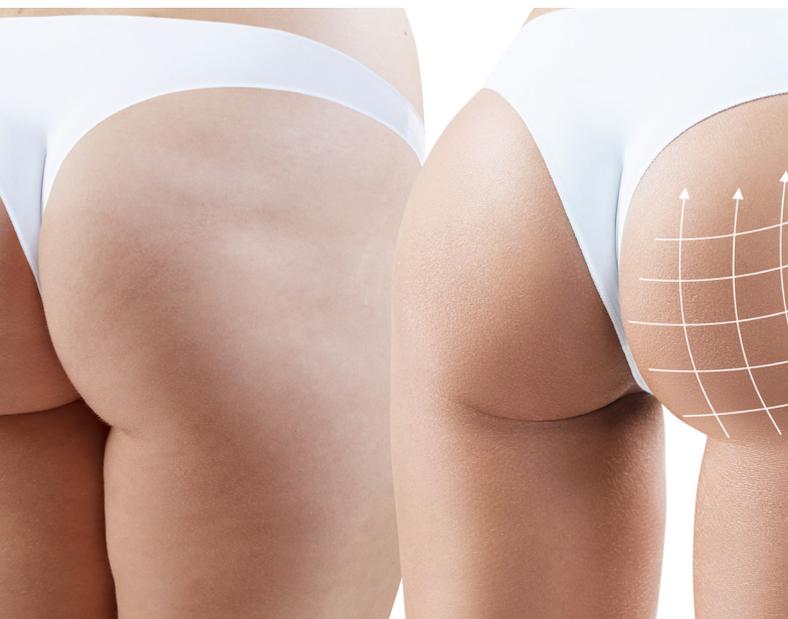
Treatment course of 6 treatments over 8 weeks 60MIN R6600
(Saving of R600)

plasma pen

The plasma pen (fibroblast) is used superficially on the skin, dispersing heat through an arc – the skin tightening is therefore caused by the heat released by the arc in the skin. Fibroblast, which are essential for wound healing, produce collagen and elastin which will give the damaged skin the ability to firm and tighten. The treatment is suitable for ALL skin types of the Fitzpatrick scale. Plasma Pen treatments is NOT a replacement for plastic surgery.

Upper Eyelid	R1200
Crow's Feet only	R1200
Entire Forehead incl. Frown Lines	R1300
Horizontal Forehead Lines	R1100
Vertical Frown Lines	R 999
Upper Eyelid Lift and Crow's Feet	R1500
Under Eyelid Lift	R1200
Full Eye Area (incl. Upper & Lower Eyelid & Crow's Feet)	R2550
Upper Lip	R 999
Bottom Lip	R 999
Top and Bottom Lip Lift	R1400
Full Face up to Jawline	R3800
Full Face incl. Décolleté	R4400
Jaw Lift	R1100
Full Neck	R1900
Full Neck and Décolleté	R2500
Décolleté	R1500





fat freezing

The 5 in 1 Cryo Laser-Lipo System is a multi-functional fat loss system that can be used as a standalone or in conjunction with Ozone technology to help get rid of those stubborn pockets of fat. It is a non-invasive, non-surgical procedure that involves the cooling of fat cells to introduce lipolysis – the breaking down of fat cells to reduce body fat without damage to other tissues.

The goal of this treatments is to remodel the shape of the body and get rid of bulges of resistant fat without the downtime of liposuction or surgical treatments in a much natural way. Specific areas can be targeted with this treatment, including hard to reach and sensitive areas such as the tummy, arms, hips, outer and inner thighs.

60 min	R650 per cup
90 min	R1200 per 2 cups

(Includes Laser Lipo (LL), Ultra Sonic Cavitation (UC), & Radio Frequency Therapy (RF))

combo 1

1 x Fat Freezing (1 cup) + 4 x (LL+UC+RF) Laser Lip, Ultra Sonic Cavitation, and Radio Frequency Therapy)	R1600
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combo 2

2 x Fat Freezing (1 cup) + 8 x (LL+UC+RF)	R3050
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combo 3

3 x Fat Freezing (1 cup) + 12 x (LL+UC+RF)	R4250
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Ultrasonic Cavitation or Radio Frequency (30 min per area)	R300
Ultrasonic Cavitation & Radio Frequency (30 min per area)	R500

ozone therapy

30MIN R350

New Age Skin & Beauty is using the latest technology for Ozone Therapy, namely the HOCATT™ steam sauna. HOCATT™ stands for “Hyperthermic Ozone and Carbonic Acid Transdermal Therapy” and the machine acts as a personal ozone steam sauna, in which patients sit with just their head exposed to the air, while their body receives the benefits of an infusion of ozone, carbon dioxide, steam, Photon light and oxygen. All you need to do is simply to relax while the therapy does it work!

hifu therapy

45MIN..... R450

The HIFU technology are also referred to as “High Intensity Focused Ultrasound” and uses the power of ultrasound technology to safely penetrate deeply into the skin which encourages collagen growth, tightening and lifting of the tissue on the face, neck, and brows, thus creating a visible lift.

LED Therapy

20MIN R250

LED Light Therapy stimulates cellular activity, including the fibroblasts that produce collagen, which gives young skin its plump look. This helps minimize fine lines and wrinkles, treat sun-damage and reduce redness after more aggressive IPL or laser treatments.

A close-up photograph of a person's back during a spa treatment. Three dark, smooth hot stones are placed along the spine. The person's skin is smooth and tanned. In the foreground, several white orchids are scattered on a light-colored surface. The overall atmosphere is serene and relaxing.

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SKIN & BEAUTY

body
therapy

massages & scrubs

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance.

MASSAGES:

Full Body Hot Stones	1 hour	R650
Full Body Aromatherapy	1 hour	R640
Full Body Sports/Deep Tissue	1 hour.....	R630
Full Body Swedish	1 hour	R620
Back, Neck & Shoulder	30 min	R450
Back, Neck & Shoulders Hot Stones	30 min	R460
Indian Head Massage & Decollete	30 min	R400

SCRUBS/EXFOLIATING:

Full Body Scrub & Body Vitamin Moisturise	45 min	R450
Back, Neck & Shoulders Scrub with a light	30 min	R360
Warm Candle Wax Massage		





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SKIN & BEAUTY

beautiful
hands & feet

beautiful feet

(Mediheel Authorised Provider)



MEDIHEEL

Professional Mediheel Pedicure Treatment 45 min R420

At New Age Skin and Beauty, we realise that not all clients have identical pedicure needs. The Mediheel treatment focuses on compromised areas but not leaving the relaxing experience behind. You will experience a long-lasting result on the feet, focusing on the dry area around the heel, hydrating nails and nourishing cuticles. There are also alternatives for bacterial infections, fungal infections on the nail and yellowing nails. The complete range was developed with facial grade ingredients to give you a superior experience.

Overall a superior approach to pedicures with products containing facial grade ingredients.

NB: Our Pedicures does not include the application of nail polish

Spa Pedicure 60 min R400

Includes soaking of the feet, exfoliation/ scrub, cutting, filing, treatment of cuticles, luxurious massage and painting.

beautiful hands

Spa Manicure 60 min R400

Includes soaking of the hands, exfoliation/ scrub, cutting, filing, treatment of cuticles, luxurious massage and painting.





get in touch

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